

# Weekly Newsletter



16 June 2023

"Let all that you do be done in love"  
1 Corinthians 16:14

## Contact Info

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## WELCOME BACK

We hope everyone enjoyed the warm weather over the holidays and enjoyed spending time with their families and friends.

Our value for this last Summer term is Respect.

The Learning Challenge booklets will be sent out soon, please have a look and see what your child will be learning about this term.

Just a reminder that during the warmer summer weather your child will need a refillable drinks bottle, sunscreen (to be applied before school), layers, so they can easily cool down and a cap/hat.

## Fun Friends & Fitness

Next week the children will be joining in a range of activities for Fun, Friends & Fitness week. During this week we focus on health and wellbeing - in our bodies as well as our relationships.

We will also have Freddie Fit, the aerobics instructor on Tuesday, Each class will be doing different things during the week.

We will think again about the 5 ways to Wellbeing and how connecting with others, giving, being active, learning something new and learning to slow down and notice and become more aware, all contribute to keeping us mentally, physically and emotionally well.

## Great Big Green Week Country Walk & Picnic Tomorrow at 10:30 everyone is invited!

As part of 'The Great Big Green Week', a national celebration of community action to tackle climate change and protect nature, St George's is organising a walk and a picnic to Hyde Park tomorrow, Saturday 17th June.

Everyone is invited. We will meet at the school gates at 10:30 to walk down to the park. Please bring a picnic and drinks. We have arranged for the toilets to be open.

There is lots of space to sit and a play area for the children.

It will be a lovely day out and a celebration of the green spaces we have in Hyde.

## Ethos Group—Litterpick at Millenium Park Hyde

Also as part of the Big Green Week' Ethos group went down to Millenium Park last night to collect all the litter that had built up in the park.

It was very hot but they did a great job!



**Love Compassion Friendship Thankfulness Forgiveness Truthfulness Hope**



### St George's Healthy Eating Packed Lunches

From September we will be going back to water bottles provided by school with named lids. These will be cleaned daily and sterilised each weekend.

Water is the best form of hydration and so this is encouraged during the school day. Juice, flavoured water or cordial can be given in lunchboxes but we ask you to please not send in fizzy drinks or energy drinks such as Prime.



Ideas for lunchboxes can be difficult but there are ideas on our website which don't need a lot of preparation but which are healthy and avoid items with a high sugar and fat content. Adding in fruit or yoghurt (keep tubes of yoghurt in the freezer and pop one into the lunchbox in the morning and it will have defrosted by lunchtime) gives a good balance and avoids chocolatey items which give a sugar rush but doesn't help with concentration for the rest of the day. We give out lots of stickers for healthy lunchboxes so thank you for all you do each day.

[St George's C.E. Primary School: Healthy Lunchbox Ideas \(st-georges-hyde.tameside.sch.uk\)](http://st-georges-hyde.tameside.sch.uk)

If you need any help or have any concerns around your child's eating, please don't hesitate to come into school and chat to Mrs Mckeown.

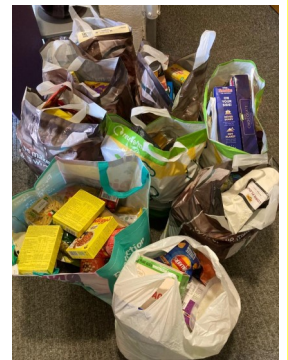
### Allstars & Dynamo Cricket Free Sessions

Just a reminder that if your child is 5 or above, they can sign up for the free Allstars & Dynamo cricket sessions that will start from next Wednesday 21st at school. Please have a look on Class Dojo for the link to sign up.

### Tameside Foodbank

Thank you so much for everyone's ongoing generosity to the Foodbank.

When the bags are dropped off they are very gratefully received.



### LEARNING HERO

Learning Hero certificates were awarded to these children for the excellent learning behaviours, attitudes and values they showed this week:

- Year 6 - Jamil
- Year 5 - Yaqub
- Year 4 - Max
- Year 3 - Saarah
- Year 2 - Elayna
- Year 1 - Eisa A
- Reception - Mahira



**The Together Centre** is delighted to announce that they have a number of new Charitable Services available;

**FREE Two Course Meal** for individuals who are unable to leave their homes due to their Health and/or Wellbeing; Every Friday, and deliveries between 10.00 -2.00PM.

**Mobile Food Pantry** for anyone who is unable to leave their homes due to their Health and/or Wellbeing; Every Friday, and deliveries between 10.00 - 2.00PM - £4.50 CASH payment on delivery.

Please speak to them on [0161 366 1987](tel:01613661987) for more information.

The full schedule of events and activities are on our Parents page on our website.

Dear God,  
Thank you that you value each one of us.  
Please help us to treat others with respect.  
Help us to embrace differences between us.  
Help us to love others, even if they are different from us.  
Help us to see value in each individual person.  
Amen



**Love Compassion Friendship Thankfulness Forgiveness Truthfulness Hope**