

## The Together Centre's 'WHAT'S ON' Guide for 2024!



2020 - 2023 has been challenging for us all and the ongoing crisis has brought fear, hardship, and sorrow for many. Here at The Together Centre Charity, we have been working hard to deliver our support services and innovative workshops in new ways to continue to support our Friends at a time when it is needed most.

The Together Centre provides meaningful support services for local Families within a thriving and full accessible Community Hub, and our ambition is to support and encourage empowering positive outcomes whilst demonstrating inclusive and equal participation. We provide the opportunity to explore new interests by taking part in a range of inclusive activities. Whether it's a local walk, bingo, crafts, crocheting, mums and tots peer support, or even a game of pool, we want everyone to find something they enjoy - We'll support you to explore and find your passion whilst developing friendships and learning new and everlasting skills - We've even helped families to realise their ambition of 'growing your own fruit and vegetables' - No previous gardening experience is needed.. Just a pair of wellies!

Families now also have the opportunity to come along to our Food Pantry, Community IT Suite and Library, enjoy a FREE meal on us delivered to your door.. and MORE! Coming together for a sing-along with friends, our monthly table-top sales or even a pie supper is always a must! So come along, it would be lovely to see you and if we can help you with anything, please just ask - We are here for you; ages 0 - 100+..

DAY	WHAT'S ON!
MONDAY	<p><b>9.30 – 3.30PM</b>  <b>Together Allotment Adult Daycare Provision – For Adults with Mild/Moderate Learning Disabilities and/or Needs.. who enjoy being Outdoors! £25.00</b></p> <p><b>9.30 – 2.00PM</b>  <b>Talking Tearoom</b> - Tackling loneliness, isolation, and/or to just offer an open-ear and a friendly face for anyone who may be struggling during these unprecedented times. Just come along and take a seat within our Together Café at a table displaying a Talking Tearoom Sign and one of our lovely Volunteers will join you with a hot cuppa! <b>FREE.</b></p> <p><b>9.30 – 2.00PM</b>  <b>Together Wellbeing Corner</b> – Come and take a seat within our Together Café.. We have a Pool Table, Darts, Traditional Board Games, a Playstation4 and more! <b>FREE.</b></p> <p><b>9.30 – 2.00PM</b>  <b>Together Community Library! FREE.</b></p> <p><b>9.30 – 1.00PM</b>  <b>Together Café!</b></p> <p><b>9.30 – 11.00AM</b>  <b>Carers &amp; SEN Tots with FREE Juice and Toast! £2.00.</b></p> <p><b>11.00 – 12.00PM</b>  <b>Winter Walks with a FREE Lunch included.. Our lovely Volunteer Kay will be leading this session with her two beautiful doggies who just love a cuddle! £2.00.</b></p> <p><b>5.15 - 7.45PM</b>  <b>Junior Ballet and Tap Workshop; 7 – 10 Years £5.00/Mini Musical Theatre Workshop; 5 – 7 Years. £5.00/Mini Ballet &amp; Tap Workshop; 5 – 7 Years! £5.00.</b> Contact SK Dance Academy to find out more on 07447002935!</p>
TUESDAY	<p><b>9.30 – 3.30PM</b>  <b>Together Allotment Adult Daycare Provision – For Adults with Mild/Moderate Learning Disabilities and/or Needs.. who enjoy being Outdoors! £25.00</b></p> <p><b>9.30 – 2.00PM</b></p>

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<b>WEDNESDAY</b>	<p><b>9.30 – 10.30AM</b></p> <p><b>Weight Watchers Slimming Group!</b></p> <p><b>9.30 – 3.30PM</b></p> <p><b>Together Allotment Adult Daycare Provision – For Adults with Mild/Moderate Learning Disabilities and/or Needs.. who enjoy being Outdoors! £25.00</b></p> <p><b>9.30 – 2.00PM</b></p> <p><b>Talking Tearoom</b> - Tackling loneliness, isolation, and/or to just offer an open-ear and a friendly face for anyone who may be struggling during these unprecedented times. Just come along and take a seat within our Together Café at a table displaying a Talking Tearoom Sign and one of our lovely Volunteers will join you with a hot cuppa! <b>FREE.</b></p> <p><b>9.30 – 2.00PM</b></p> <p><b>Together Wellbeing Corner</b> – Come and take a seat within our Together Café.. We have a Pool Table, Darts, Traditional Board Games, a Playstation4 and more! <b>FREE.</b></p> <p><b>9.30 – 2.00PM</b></p> <p><b>Together Community Library! FREE.</b></p> <p><b>9.30 – 1.00PM</b></p> <p><b>Together Café!</b></p> <p><b>10.00 – 12.00PM</b></p> <p><b>Ladies DIY Course</b> specifically for those who have experienced Domestic Violence providing essential DIY skills from simple home and garden tasks to car maintenance! FREE Creche available too! FREE.</p> <p><b>10.00 – 11.30AM.</b></p> <p><b>MENCAP Support Group for Parents / Carers of Children with SEND or Emerging Needs! FREE.</b> <i>10<sup>th</sup> January 2024, 7<sup>th</sup> February 2024, 6<sup>th</sup> March 2024.</i></p> <p><b>1.00 – 2.00PM</b></p> <p><b>Bingo with Tea and Cake! £2.00.</b></p> <p><b>1.45 – 3.45PM.</b></p> <p><b>Pennine Care Mental Health Carers Support Group! FREE.</b> <i>Third Wednesday of each Month.</i></p> <p><b>2.00 – 4.00PM.</b></p> <p><b>McMillan Cancer Support Group! FREE.</b> <i>Third Wednesday of each Month.</i></p> <p><b>4.30 - 7.30PM</b></p> <p><b>Greater Manchester Youth Service – Youth Club!</b> Contact Louise to find out more on 01612342950!</p>

<p><b>THURSDAY</b></p>	<p><b>9.30 – 3.30PM</b>  <b>Together Allotment Adult Daycare Provision – For Adults with Mild/Moderate Learning Disabilities and/or Needs.. who enjoy being Outdoors! £25.00.</b></p> <p><b>9.30 – 2.00PM</b>  <b>Talking Tearoom</b> - Tackling loneliness, isolation, and/or to just offer an open-ear and a friendly face for anyone who may be struggling during these unprecedented times. Just come along and take a seat within our Together Café at a table displaying a Talking Tearoom Sign and one of our lovely Volunteers will join you with a hot cuppa! <b>FREE.</b></p> <p><b>9.30 – 2.00PM</b>  <b>Together Wellbeing Corner</b> – Come and take a seat within our Together Café.. We have a Pool Table, Darts, Traditional Board Games, a Playstation4 and more! <b>FREE.</b></p> <p><b>9.30 – 2.00PM</b>  <b>Together Community Library! FREE.</b></p> <p><b>9.30 – 1.00PM</b>  <b>Together Café!</b></p> <p><b>9.30 – 10.30PM</b>  <b>Beeweighed Slimming Group!</b> Contact Lynda to find out more on 07799892782!</p> <p><b>9.30 - 12.30PM</b>  <b>Information, Advice and Volunteer Opportunities Drop-in; delivered by Action Together! FREE.</b></p> <p><b>11.00 – 12.00PM</b>  <b>Winter Art &amp; Crafts with a Hot Cuppa for Adults! £2.00.</b></p> <p><b>11.00 – 12.00PM</b>  <b>Indoor Bowls with a Hot Cuppa for Adults! £2.00.</b></p> <p><b>12.30 – 1.30</b>  <b>Armchair Yoga and Soundbath Meditation! £2.50</b></p> <p><b>1.30 – 2.30PM</b>  <b>Line Dancing! £2.50.</b></p> <p><b>2.00 – 3.00PM.</b>  <b>Dementia in Action Support Group! FREE.</b></p> <p><b>5.00 – 6.00PM</b>  <b>T21 Support Session for Parents/Carers of Children and Young People with Down's Syndrome (Trisomy 21) FREE! Term Time only!</b></p>
<p><b>FRIDAY</b></p>	<p><b>9.30 – 3.30PM</b>  <b>Together Allotment Adult Daycare Provision – For Adults with Mild/Moderate Learning Disabilities and/or Needs.. who enjoy being Outdoors! £25.00</b></p> <p><b>9.30 – 2.00PM</b>  <b>Talking Tearoom</b> - Tackling loneliness, isolation, and/or to just offer an open-ear and a friendly face for anyone who may be struggling during these unprecedented times. Just come along and take a seat within our Together Café at a table displaying a Talking Tearoom Sign and one of our lovely Volunteers will join you with a hot cuppa! <b>FREE.</b></p> <p><b>9.30 – 2.00PM</b>  <b>Together Wellbeing Corner</b> – Come and take a seat within our Together Café.. We have a Pool Table, Darts, Traditional Board Games, a PlayStation 4 and more! <b>FREE.</b></p> <p><b>9.30 – 2.00PM</b>  <b>Together Community Library! FREE.</b></p> <p><b>9.30 – 1.00PM</b>  <b>Together Café!</b></p> <p><b>10.00 – 11.00AM</b>  <b>Indoor Kurling with a Breakfast and Hot Cuppa Included! £2.00</b></p> <p><b>10.00 - 11.00PM</b>  <b>Talk-Tech</b> - Do you or someone you know, need help with basic IT skills? Maybe you'd like to learn how to search the web, send emails, print documents, search your family history, make medical appointments.. or MORE! If YES then come along! We have electronic devices for you to use or you would be very welcome to bring your own.. Laptop, Phone, IPAD.. <b>FREE.</b></p> <p><b>10.00 - 1.00PM</b>  <b>'Doorstep Dinners' Meal Delivery Service to anyone who may be unable to leave their homes due to their health and/or wellbeing! FREE.</b></p>

<b>SATURDAY</b>	<b>10.00 – 12.00PM</b> <b>Children’s Minibeast Ecotherapy and Multisport Wellbeing Session for Children; 5 – 11 Years!</b> <b>FREE.</b> <b>10.00 – 11.00AM</b> <b>Together Pantry Food Bank – No Criteria! £3.50.</b>
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**Upcoming Events – Please come along to Reception to find out more!**

<b>First Monday of the Month 11.30am – 12.00pm</b>	<b>Councillor’s Surgery</b>
<b>17<sup>th</sup> February 2024</b>	<b>Stage 2 Motown Social Night. £7.50. 6.00 – 9.00PM</b>
<b>25<sup>th</sup> February 2024</b>	<b>Preloved/Vintage Fair. FREE Entry. 10.00 – 12.00PM</b>
<b>3<sup>rd</sup> April 2024</b>	<b>Community Easter Fair. FREE. 10.00 – 12.00PM</b>
<b>28<sup>th</sup> April 2024</b>	<b>Preloved/Vintage Fair. FREE Entry. 10.00 – 12.00PM</b>
<b>30<sup>th</sup> June 2024</b>	<b>Preloved/Vintage Fair. FREE Entry. 10.00 – 12.00PM</b>
<b>25<sup>th</sup> August 2024</b>	<b>Preloved/Vintage Fair. FREE Entry. 10.00 – 12.00PM</b>
<b>14 September 2024</b>	<b>Police Brass Band. <i>Information to follow shortly!</i></b>
<b>30<sup>th</sup> October 2024</b>	<b>Community Halloween Fair. FREE. 10.00 – 12.00PM</b>
<b>22<sup>nd</sup> and 23<sup>rd</sup> November 2024</b>	<b>Community Christmas Fair. FREE. 10.00 – 1.00PM</b>
<b>11<sup>th</sup> December 2024</b>	<b>Christmas Party for ALL. £7.50. 12.00 – 2.00PM</b>
<b>11<sup>th</sup> December 2024</b>	<b>Children’s Christmas Party. £3.00. 4.00 – 6.00PM</b>
<b>18<sup>th</sup> December 2024</b>	<b>Christmas Jumper Day for ALL 12.00 – 2.00PM</b>

**HIRE US!**

**TOGETHER SERVICES**



Providing a wide range of professionally led services to Commercial Clients throughout Tameside and Greater Manchester, and with over 20 years in the Industry, our Together Services initiative along with its highly experienced Management Team is here to offer you competitive bespoke packages to suit your requirements.

Just a few of the meaningful Services we provide to our Clients; Housing Associations, Local Authorities, Schools, Surgeries, Local Emergency Services, Community Venues and Community Organisations / Green Spaces include; Grounds Maintenance, Void Property and Site Clearances, Community Garden / Allotment Projects, Fencing, Hard/Soft Landscaping, Responsive Works, Jet Washing and Painting and Decorating.

**TOGETHER CENTRE HIRE**



The Together Centre now has a number of newly refurbished rooms and a large hall available for hire to Individuals and Organisations looking for an outside venue for Meetings, Training Sessions, Community Workshops, Consultations, Office Spaces, Parties, Celebrations and more!

We have FREE Onsite Parking, Kitchen Facilities, Garden Facilities, Excellent Location, Nearby Public Transport, Disabled Access, WIFI, Projector and Refreshments.

If you or someone you know would like to find out more about any of the above, please contact us between 9.30 – 3.30PM on telephone number 0161 366 1987 or by email to [Leanne.Bold@thetogethercentre.org.uk](mailto:Leanne.Bold@thetogethercentre.org.uk) - You can find us on Facebook too: @TheTogetherCentre.



**The Together Centre, 287 Birch Lane, Dukinfield SK16 5AU. Charity Number – 1173335**