

# Lighting of the Candle

Peace of the Lord be with you



And also with you

# Welcome Words

We light three candles in the name of:

God the Father, the Son and the Holy Spirit to worship together and think about our value **Perseverance**.



Let us run with perseverance the race that lies before us. Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end



HEBREWS 12.1-2



Indeed, those who patiently persevere will truly receive a reward without measure

Quran 39:10



**Perseverance is....**

**P**ressing on

**E**ager to continue

**R**unning the race

**S**ticking with things

**E**ncouraging each other to keep going

**V**aluing the support of others

**E**yes fixed on the target

**R**eaching a goal over time

**A**iming to complete the task

**N**ot giving up

**C**ommitment to keep going

**E**nding up where you want to be



Endurance

Goal

Resolute

Determination

Persist

Intent

Steadfast

Unshakable

Dogged

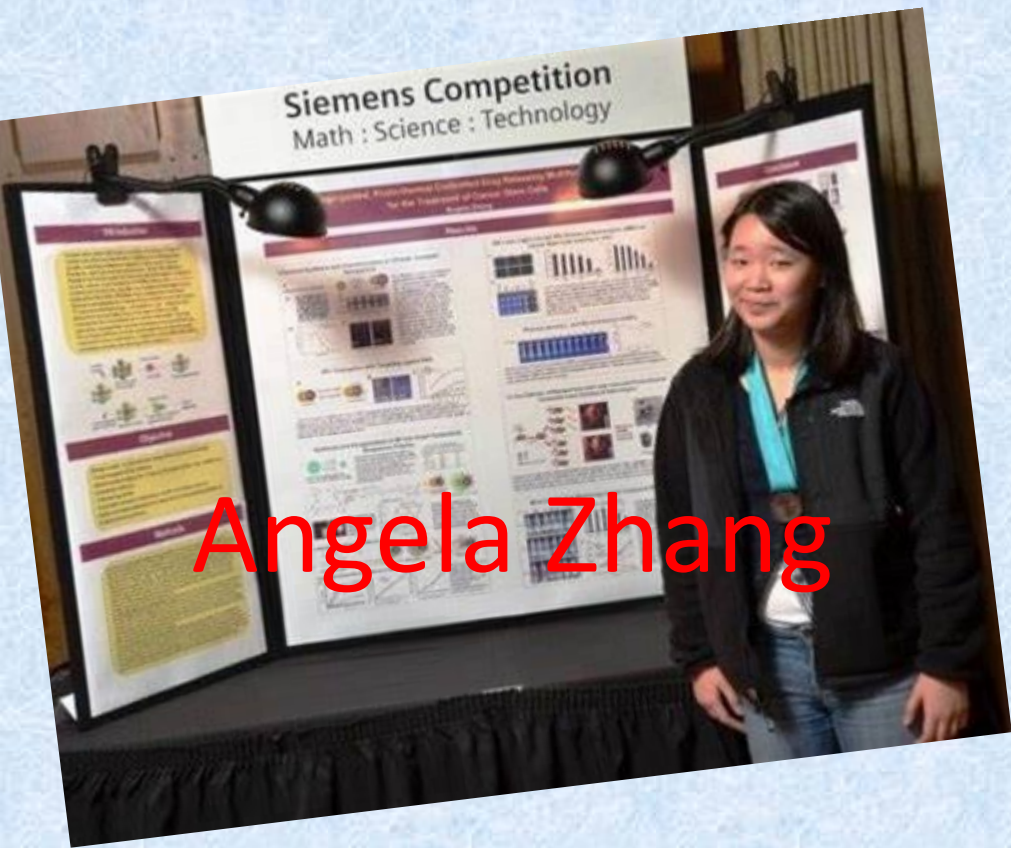




France  
2018



de France  
2018



Angela Zhang



JK Rowling



Walt Disney





# Time to Reflect



In the Tour de France, a yellow jersey is worn by the rider who completed the stages of the race so far in the least time..

What might your 'yellow jersey' be?  
What is the prize that excites you most,  
the goal or dream that you strive for?



We cannot all achieve greatness on this scale, but we all have goals that we can aim for. Perhaps it's a career or job we'd love to have in the future. Perhaps it's something right now: being chosen for a sports team, moving on to a new reading stage, making a new friend or climbing a particular mountain.

'What do you need to do to persevere?'



# Time to Reflect



*Whatever we long to achieve, we have to be prepared to put in the work and persevere, even when our goal seems out of reach.*

FOR I KNOW THE PLANS  
I HAVE FOR YOU,  
*declares the Lord.*  
PLANS TO PROSPER YOU  
AND NOT TO HARM YOU,  
PLANS TO GIVE YOU  
*hope* AND A  
*future*  
JEREMIAH 29:11

In the Bible, Paul wrote about this many times when he described what it means to be a follower of God. On one occasion, he said, 'we know that suffering produces perseverance; perseverance, character; and character, hope.' (Romans 5.4) Paul knew that being a follower of Jesus would be tough, and that it would require a lot of perseverance.

# Prayer



*Dear Father God,*

*Thank you that you promise to always be by our side every day. Please will you help me to persevere when I am stuck and feel like giving up. Help me to keep my eyes fixed on you, so I can follow your example and help and guide anyone who might need my help.*

*Amen*



# Response & Challenge



**Perseverance is....**

Pressing on

Eager to continue

Running the race

Sticking with things

Encouraging each other to keep going

Valuing the support of others

Eyes fixed on the target

Reaching a goal over time

Aiming to complete the task

Not giving up

Commitment to keep going

Ending up where you want to be



## What is your Yellow Jersey?



## What will you do to help move towards your hopes for the future?

## Is there anyone you could talk to about your dreams, who may be able to help?

# Blowing out the Candle

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And also with you