

Lighting of the Candle

Peace of the Lord be with you



And also with you

Welcome Words

We light three candles in the name of:

God the Father, the Son and the Holy Spirit to worship together and think about our value **Perseverance**.



Let us run with perseverance the race that lies before us. Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end



HEBREWS 12.1-2



Indeed, those who patiently persevere will truly receive a reward without measure

Quran 39:10





Derek Redmond: The Olympian who never gave up



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.

Perseverance is....

Pressing on

Eager to continue

Running the race

Sticking with things

Encouraging each other to keep going

Valuing the support of others

Eyes fixed on the target

Reaching a goal over time

Aiming to complete the task

Not giving up

Commitment to keep going

Ending up where you want to be



Endurance

Goal

Resolute

Determination

Persist

Intent

Steadfast

Unshakable

Dogged

Time to Reflect



Have you ever needed perseverance to meet a challenge?

Let us run with perseverance the race that lies before us.
Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end HEBREWS 12.1-2

Its good to know God is there with us in all the challenges we might face in our lives. Just like a good trainer standing at the finish line of a race encouraging the runner to keep going.



Time to Reflect

Let us run with perseverance the race that lies before us. Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end
HEBREWS 12.1-2



Whenever we persevere with something there is always a reward at the end.

It might be a medal or a certificate, but it might just be the sense of achievement we feel deep inside.



The Perseverance Prayer

Lord,

When I feel worried about facing a new challenge

Response: **Help me to persevere.**

When the going gets tough

Response: **Help me to persevere.**

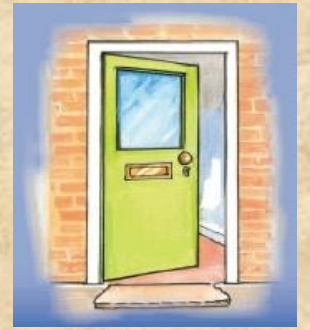
When I feel like giving up

Response: **Help me to persevere.**

All: Amen



Response & Challenge



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Can you persevere in order to reach your goal?

Can you encourage others to keep going?

Can you spot others showing perseverance



Blowing out the Candle

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And also with you