

Lighting of the Candles
Peace of the Lord be with you



And also with you

Welcome Words

We have gathered in the name of
God the Father, Son and Holy Spirit
to worship together and think about
our value of
HUMILITY



HUMILITY



For those who exalt themselves will be humbled, and those who humble themselves will be exalted.

Matthew 23:12

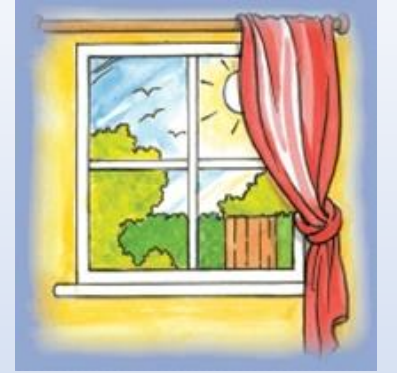
And the servants of (Allah) Most Gracious are those who walk on the earth in humility, and when the ignorant address them, they say, "Peace!"

Qur'an 25:63

Humility is.....

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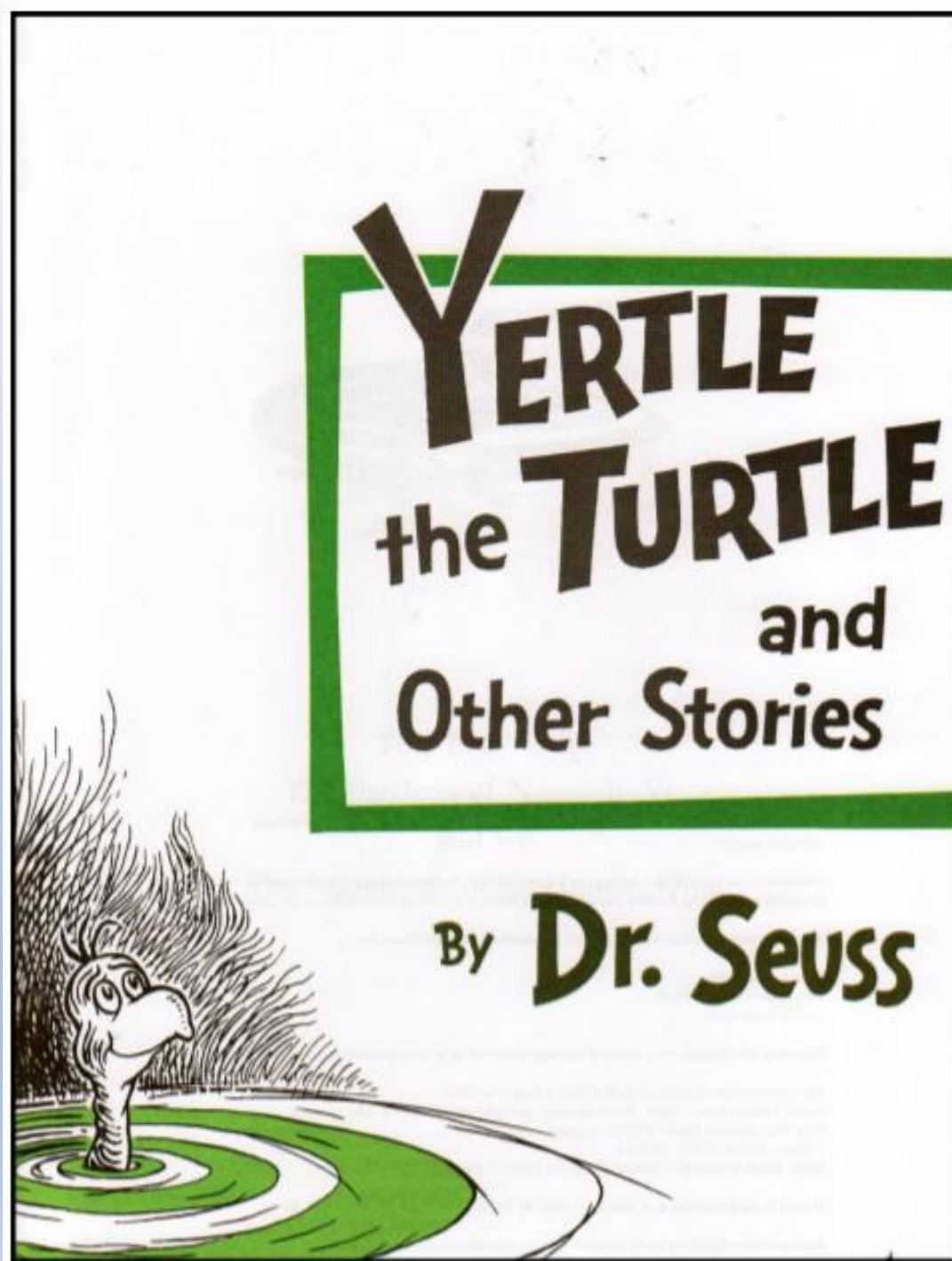


What is humility?

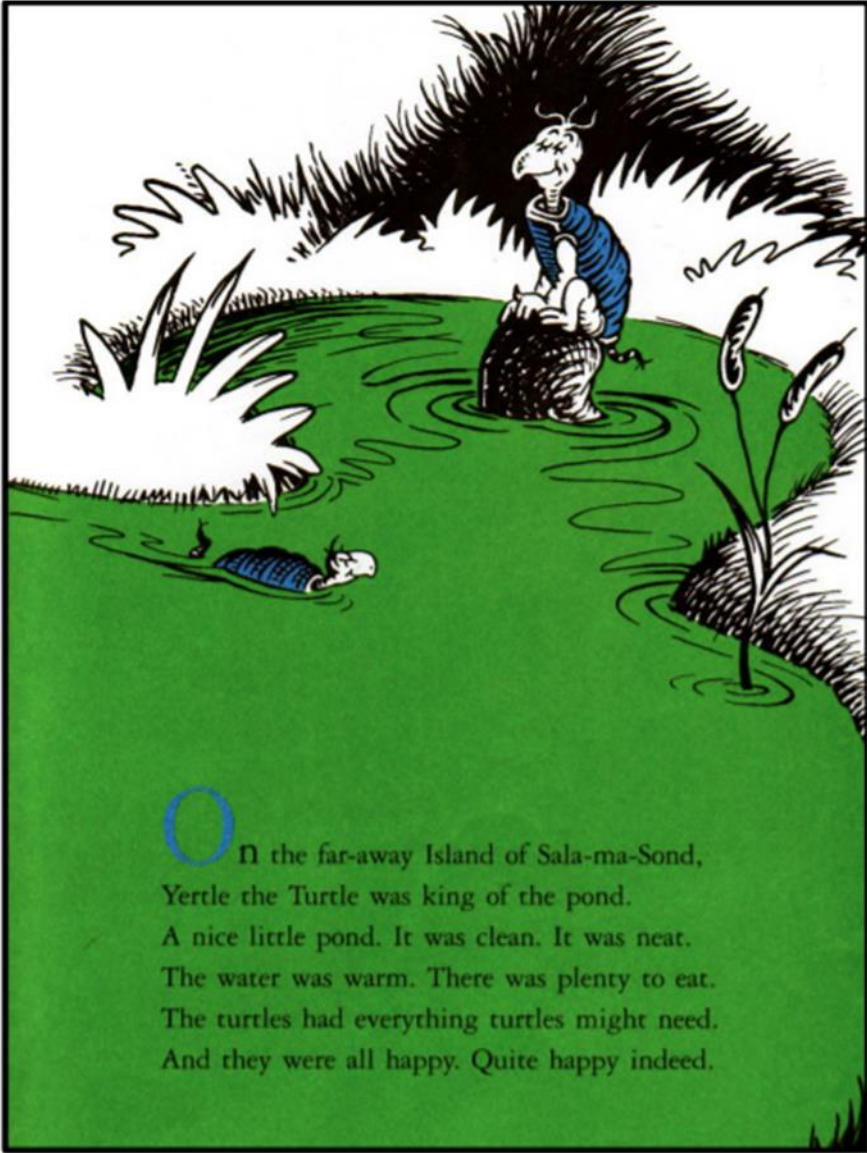
What does it mean to
be humble?



Yertle the
Turtle -
Dr Seuss



Boastful



On the far-away Island of Sala-ma-Sond,
Yertle the Turtle was king of the pond.
A nice little pond. It was clean. It was neat.
The water was warm. There was plenty to eat.
The turtles had everything turtles might need.
And they were all happy. Quite happy indeed.

They *were* . . . until Yertle, the king of them all,
Decided the kingdom he ruled was too small.
“I’m ruler,” said Yertle, “of all that I see.
But I don’t see *enough*. That’s the trouble with me.
With this stone for a throne, I look down on my pond
But I cannot look down on the places beyond.
This throne that I sit on is too, too low down.
It ought to be *higher*!” he said with a frown.
“If I could sit high, how much greater I’d be!
What a king! I’d be ruler of all I could see!”



So Yertle, the Turtle King, lifted his hand
And Yertle, the Turtle King, gave a command.
He ordered nine turtles to swim to his stone
And, using these turtles, he built a *new* throne.
He made each turtle stand on another one's back
And he piled them all up in a nine-turtle stack.
And then Yertle climbed up. He sat down on the pile.
What a wonderful view! He could see 'most a mile!



"All mine!" Yertle cried. "Oh, the things I now rule!
I'm king of a cow! And I'm king of a mule!
I'm king of a house! And, what's more, beyond that,
I'm king of a blueberry bush and a cat!
I'm Yertle the Turtle! Oh, marvelous me!
For I am the ruler of all that I see!"



And all through that morning, he sat there up high
Saying over and over, "A great king am I!"
Until 'long about noon. Then he heard a faint sigh.
"What's *that*?" snapped the king
And he looked down the stack.
And he saw, at the bottom, a turtle named Mack.
Just a part of his throne. And this plain little turtle
Looked up and he said, "Beg your pardon, King Yertle.
I've pains in my back and my shoulders and knees.
How long must we stand here, Your Majesty, please?"

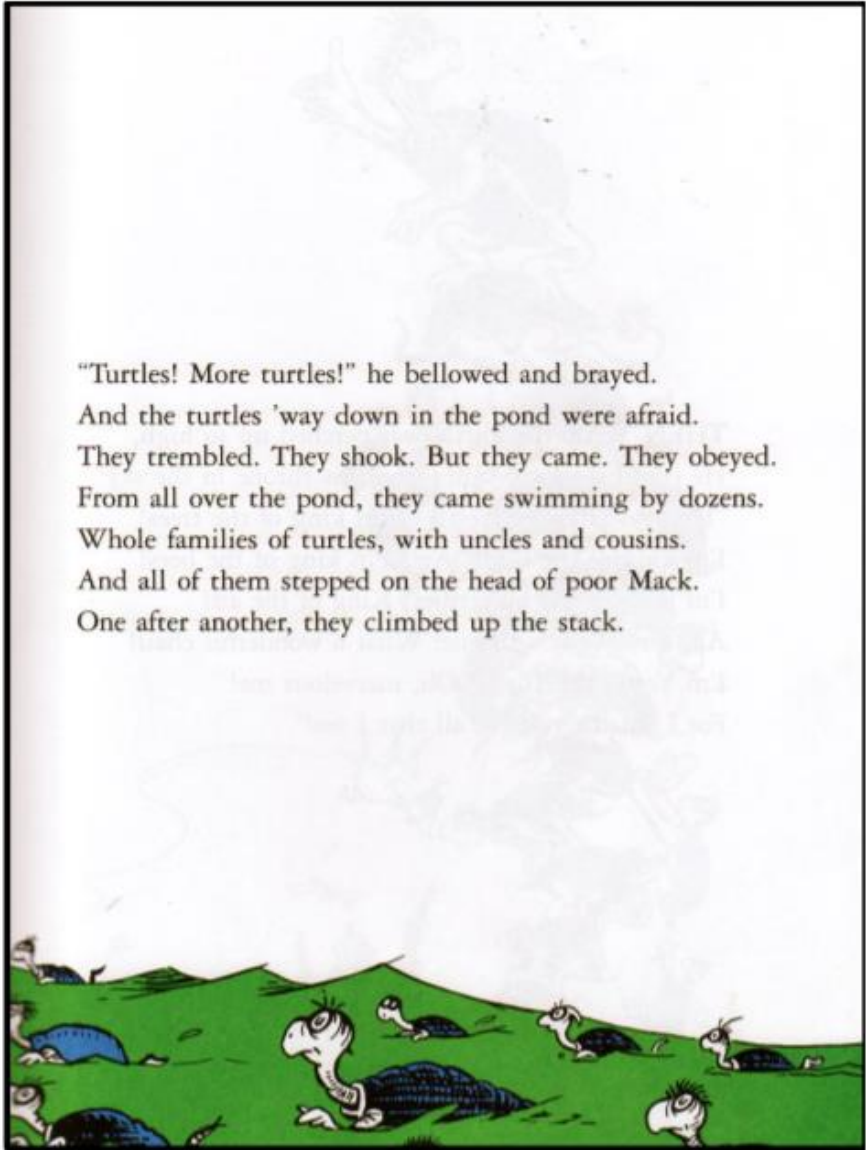




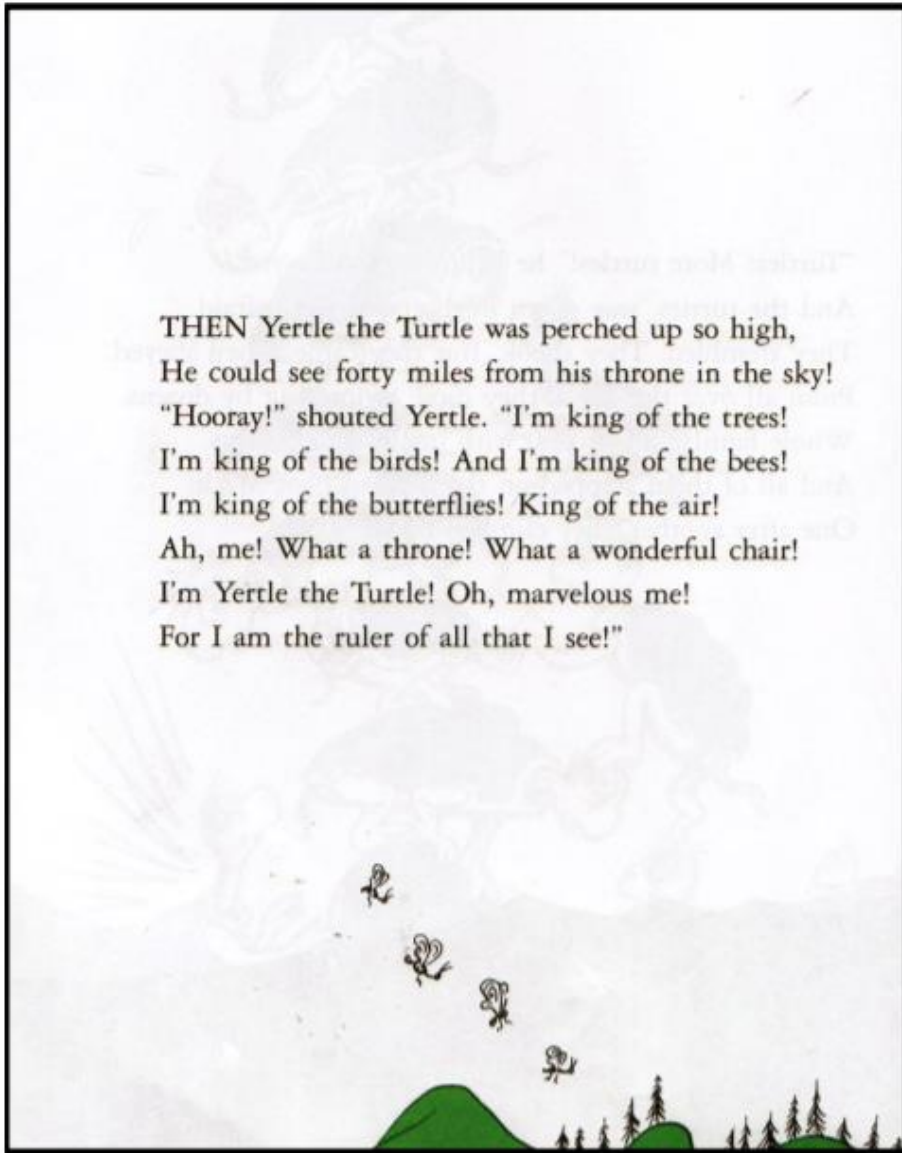
"SILENCE!" the King of the Turtles barked back.
"I'm king, and you're only a turtle named Mack."



"You stay in your place while I sit here and rule.
I'm king of a cow! And I'm king of a mule!
I'm king of a house! And a bush! And a cat!
But that isn't all. I'll do better than *that*!
My throne shall be *bigger*!" his royal voice thundered,
"So pile up more turtles! I want 'bout two hundred!"



THEN Yertle the Turtle was perched up so high,
He could see forty miles from his throne in the sky!
"Hooray!" shouted Yertle. "I'm king of the trees!
I'm king of the birds! And I'm king of the bees!
I'm king of the butterflies! King of the air!
Ah, me! What a throne! What a wonderful chair!
I'm Yertle the Turtle! Oh, marvelous me!
For I am the ruler of all that I see!"



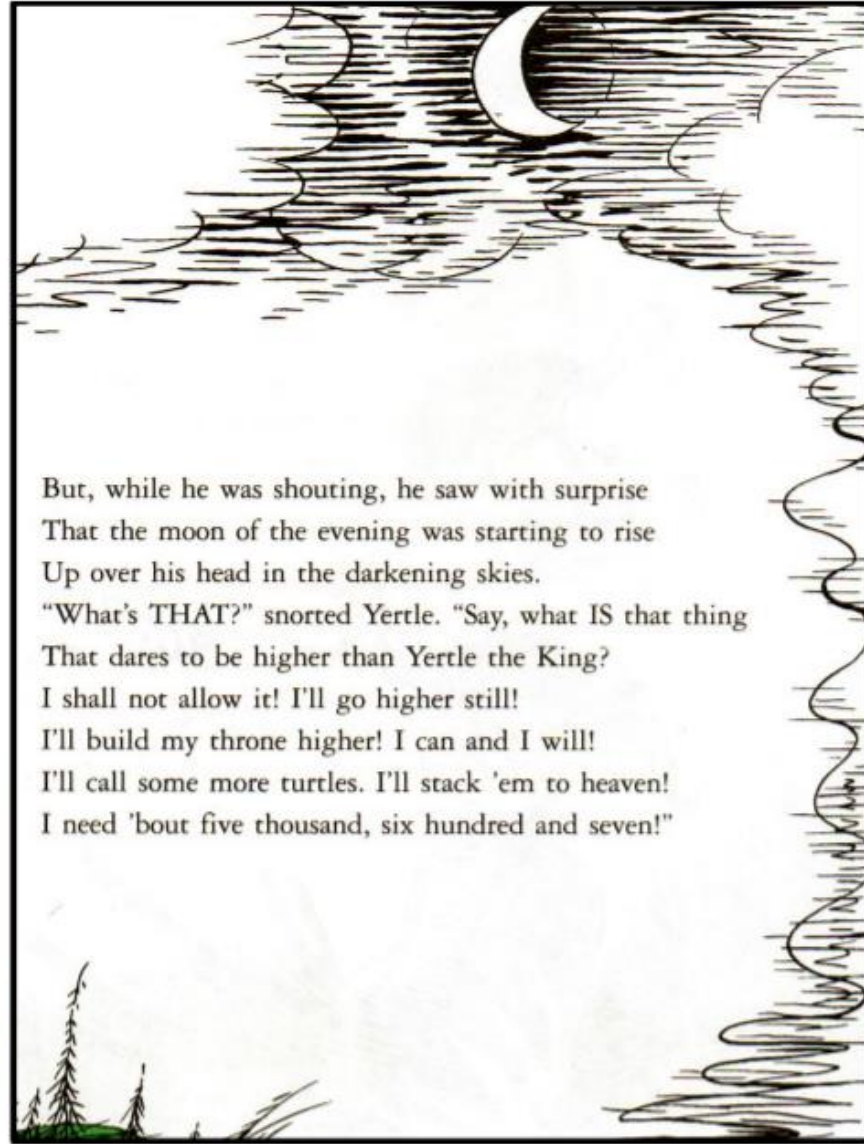


Then again, from below, in the great heavy stack,
Came a groan from that plain little turtle named Mack.
"Your Majesty, please . . . I don't like to complain,
But down here below, we are feeling great pain.
I know, up on top you are seeing great sights,
But down at the bottom we, too, should have rights.
We turtles can't stand it. Our shells will all crack!
Besides, we need food. We are starving!" groaned Mack.

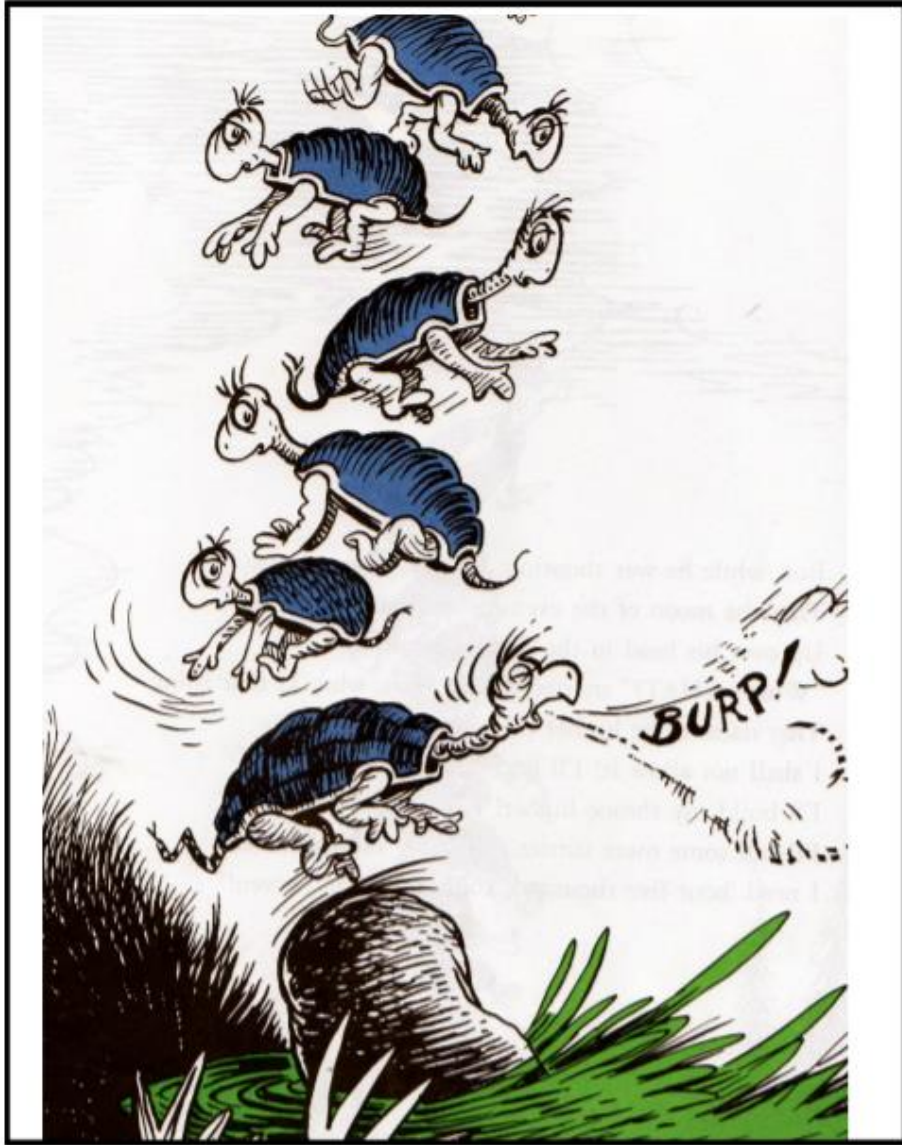




"You hush up your mouth!" howled the mighty King Yertle.
"You've no right to talk to the world's highest turtle.
I rule from the clouds! Over land! Over sea!
There's nothing, no, NOTHING, that's higher than me!"

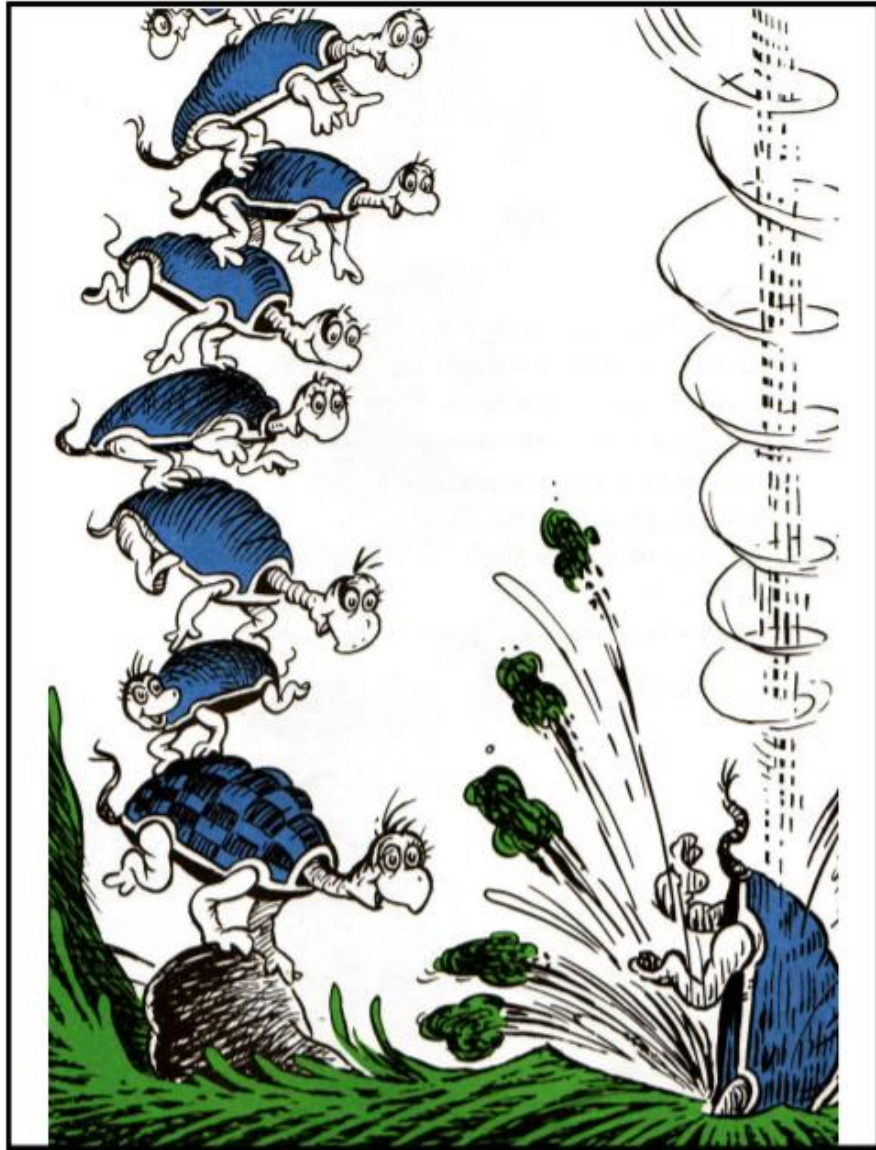


But, while he was shouting, he saw with surprise
That the moon of the evening was starting to rise
Up over his head in the darkening skies.
"What's THAT?" snorted Yertle. "Say, what IS that thing
That dares to be higher than Yertle the King?
I shall not allow it! I'll go higher still!
I'll build my throne higher! I can and I will!
I'll call some more turtles. I'll stack 'em to heaven!
I need 'bout five thousand, six hundred and seven!"



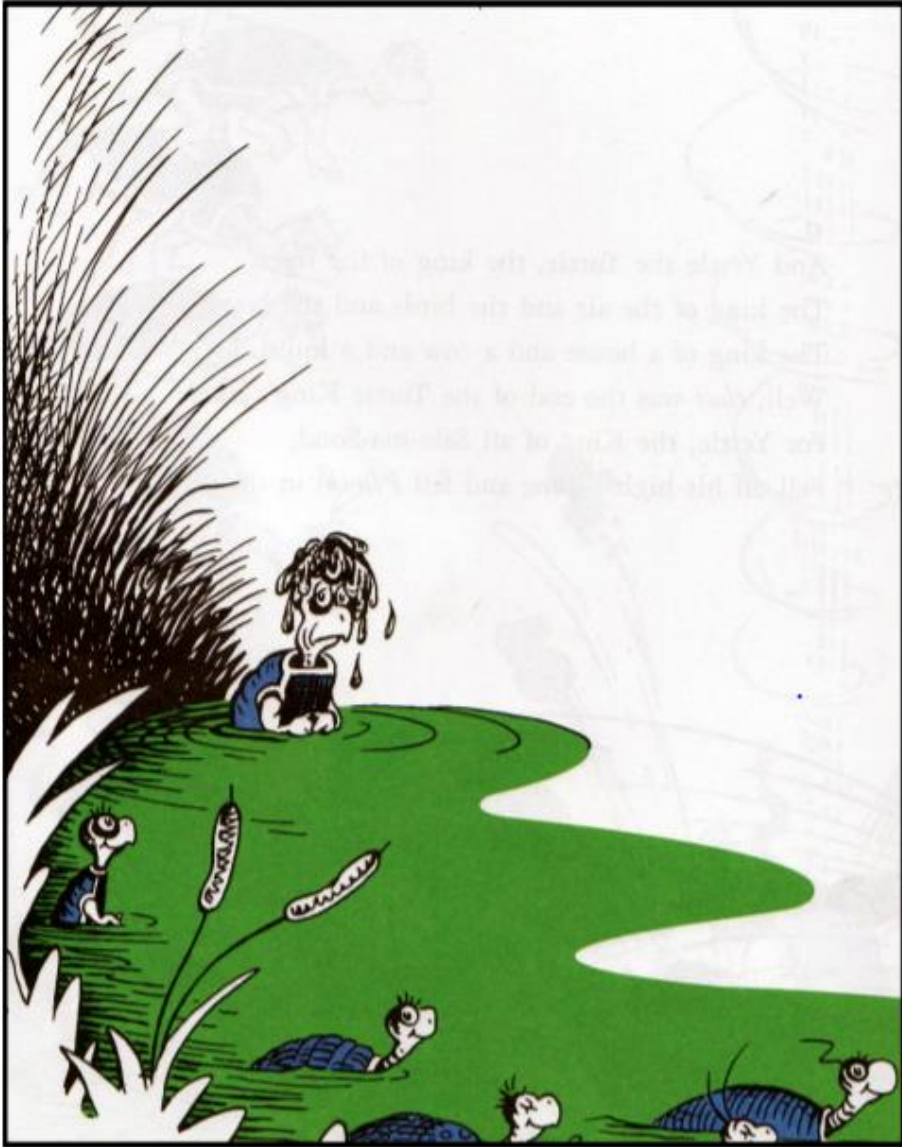
But, as Yertle, the Turtle King, lifted his hand
And started to order and give the command,
That plain little turtle below in the stack,
That plain little turtle whose name was just Mack,
Decided he'd taken enough. And he had.
And that plain little lad got a little bit mad
And that plain little Mack did a plain little thing.
He burped!
And his burp shook the throne of the king!





And Yertle the Turtle, the king of the trees,
The king of the air and the birds and the bees,
The king of a house and a cow and a mule . . .
Well, *that* was the end of the Turtle King's rule!
For Yertle, the King of all Sala-ma-Sond,
Fell off his high throne and fell *Plunk!* in the pond!





And today the great Yertle, that Marvelous he,
Is King of the Mud. That is all he can see.
And the turtles, of course . . . all the turtles are free
As turtles and, maybe, all creatures should be.



Teacher
Preacher
Healer



Servant
Slave

Jesus washes his disciples' feet

Humility: Reflection



Jesus said:

*'I have given you an
example, that you should
do as I have done to you'*

(John 13:15)

Prayer

Dear God,

Help us today to be humble.

Keep us from thinking that we are better than other people.

Help us to see when things need to be done and to serve each other.

Help us to remember that although we are all different, everyone is special to God.

Amen.



Servanthood

humble

unselfish

lowly

worth

modest

mEEK

accepting

regard

Humility is.....

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Response and Challenge



How can we follow the example of Jesus, to serve one another and to build each other up in Humility and Love?

What will you notice today - something that will help someone else and show that you can do the right thing.





**What are other countries
doing to help Ukraine?**

Let's look at the story



Following Russia's invasion of Ukraine, thousands of people have left their homes to reach areas where they think they will be safe. The United Nations have estimated that at least 100,000 people have already left their homes.

Prime Minister Boris Johnson said that the UK needed to do everything it could to help Ukraine's economy and support its government.

Thousands of people have already crossed into neighbouring countries including Romania, Moldova and Poland.





Look at the resource below, which shares some information about the story.

What's happening in Ukraine?

Ukraine and Russia have a lot of unsettled history. The two countries used to be part of the Soviet Union, from 1922-1991. Some Ukrainians want their country to have closer ties to the western countries, but others want it to have closer ties to Russia. Over the past few days, Russia have launched a wave of attacks on Ukraine with Russian forces launched a major military assault on Ukraine on Thursday morning.

How are Ukraine's neighbouring countries helping?

Countries who share a border with Ukraine have been preparing for the arrival of refugees. Maia Sandu, Moldova's president said she was prepared to help Ukrainian refugees. Slovakia, Hungary and Poland have also said they are ready to welcome refugees and are sending extra troops to manage people arriving at crossings set up on their borders with Ukraine.



Pictured above: Ukraine in orange and Russia in Green

How are the UK and wider world helping Ukraine?

Prime Minister Boris Johnson has announced sanctions to have a negative impact on the Russian economy and he's said that the UK was one of the first countries in Europe to send defensive weapons to help Ukraine.

There are many charities that are offering support including **UNICEF**, who are working across eastern Ukraine to deliver life-saving programmes for children. **Sunflower of Peace** is another charity who are helping paramedics and doctors, and have been fundraising for supplies, which include medical backpacks.



What is compassion?

Share your thoughts to the questions below...

What is compassion? Who are your neighbours?

Can you think of a time in your life when you helped others?

Do you think the world be different if more people showed compassion?

What does the bible have to say?

"Generous persons will prosper; those who refresh others will themselves be refreshed."

Proverbs 11:25

Christians believe that their behaviours and thoughts must reflect the kindness and compassion of Jesus and the love of God for everyone.

Response and Challenge



Write a prayer for your reflective area to pray for Peace and an end to the war in the Ukraine.

Write a message of hope to those who are leaving their homes to find a place of safety.



Blowing out the Candles

Peace of the Lord be with you



And also with you

*May the grace of our Lord
Jesus Christ,*

And the love of God,

*And the fellowship of the Holy
Spirit,*

Be with us all, evermore. Amen