

## Top Tips for Keeping Safe Online

**Be the change:** Play your part in making the internet a better place. Be positive, show respect and help people if they are upset.

**Be sensible:** Always tell a trusted adult if you are ever worried or upset by something that happens online. They are always there for you to ask for help if you are unsure about anything you see online.

**Be careful:** Keep your personal information safe and check with an adult before you share anything online. Personal information includes your email address, phone number and password.

**Be aware:** Make sure you know the rules about how to behave and stay safe on the sites, games and apps you use. Look out for buttons that let you block, mute and report other users who aren't behaving.

**Be a detective:** The internet is full of brilliant things to watch, explore and learn from but not everything or everyone online can be trusted. Think carefully by checking at least three different websites for your information and talking to someone about what you have seen to see if they agree.

**Be safe:** Never agree to meet up offline with someone you only know online. No matter how friendly they might seem or how well you think you know them, they are still a stranger. Always tell a trusted adult if someone online asks to meet up